



Professional Massage Therapy

Serving Walnut Creek & Surrounding Citites



Connie Espinosa, CMT

Connie Espinosa is co-owner and founder of Professional Massage Therapy, a unique business committed to total body health and wellness. Life is full of stresses that prevent our bodies from functioning at its optimal level. Professional Massage Therapy works hard to restore your natural energy so you can get through your day.

925.687.2861

By Appointment Only

39 Quail Court, Suite 205
Walnut Creek, CA 94596

- Over 12 years of Experience
- Member of the American Massage Therapy Association since 1996
- **Specializes in:**
 - Swedish
 - Deep Tissue
 - Neuromuscular Therapy (Trigger Point)
 - Myofascial Release
- **Other Services (By Request Only):**
 - Aroma therapy
 - Pregnancy Massage
 - Ortho-Bionomy
 - Fibromyalgia
 - Sports Medicine
 - Reflexology